Workers

- Inspect your chains for defects at the beginning of each winter season and after each use.
- Practice chaining each truck you drive.
- Stay drier while chaining by using a small tarp or sheet of visqueen to lay or kneel on.
- Keep a flashlight or miners lamp and back-up batteries in your truck.
- Keep extra food, water, medications and clothing (especially socks) in your truck in case you are stuck for an extended period of time.
- Wear reflective clothing when outside the truck.
- Keep footwear with extra traction in your truck and change into it before exiting the cab.
- Always wear gloves to maintain your grip and protect your hands.
- Don’t turn your back on traffic while outside the truck.

Employers

- Maintain the lighting in your yard.
- Fill potholes and keep the yard debris-free.
- Have a snow and ice removal plan for your yard or terminal.
- Develop walking paths and require usage to keep pedestrians out of the way of trucks and forklifts.
- Provide headlamps and reflective clothing.
- Require that all chains be inspected for damage and that drivers are familiar with chaining all the trucks they use in your fleet.

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