

# TIP SHEET

A series of health and safety tips to prevent work-related injuries in the trucking industry



## 100% Chance of Winter. Are You Ready?



Fall is a good time to prepare for a safe winter driving season. An early start means taking extra care to check equipment, supplies, and work conditions to make sure you are ready when the cold weather arrives. Don't put it off until frigid temperatures, snowstorms, freezing rain, and icy roads put you at risk. Preparing ahead of time will keep you safe on the road and keep your business rolling.

### TIPS TO LIVE BY

- Have maintenance perform preventive checks and services on your truck to ensure safe operation in bad weather.
- Inspect tire chains and practice chaining each truck you drive.
- Get a small tarp or Visqueen sheeting to lay or kneel on in wet weather.
- Pack an emergency kit that has food, water, blankets, gloves, warm clothing, flares, a battery-powered radio, a flashlight, back-up batteries, and first-aid gear.
- Make sure your reflective clothing is in good shape.
- Enable National Weather Service alerts on your phone. The alerts have distinct tones – find a safe spot to pull over before reading them.
- Employers should maintain terminal yard lighting and surface conditions and have a snow and ice removal plan.



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[KeepTruckingSafe.org](http://KeepTruckingSafe.org)

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