

# Want to be a Pro?

*Follow these safe steps to strap your load.*



Make sure your winch bar is in good condition.



Check for others and yell "Strap over" before throwing straps.



Thread straps neatly to prevent damage.



Inspect your straps for damage before each use.



Position your body to one side of the bar.



Visit [www.KeepTruckingSafe.org](http://www.KeepTruckingSafe.org) for more information on how to reduce your risk of injury.

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