Don’t Fall for It
Truck Drivers -- Protect Yourself from Falling While Loading and Unloading

Prevent falls while loading and unloading

- Use full width dock plates
- Remove slip and trip hazards
- Check your load for broken pallets or loose banding
- Get help for loads not manageable by one person
- Use loading and unloading equipment that is appropriate for the load materials
- Check trailer access steps, ladders, and handholds. Report if broken
- Wear suitable footwear
- Identify hazards, eliminate them

Identify it, deal with it
These injuries don’t just happen

Contact: ___________________________ Phone: ___________________________
To report any hazards.
CDC/NIOSH Grant No. 3 U60 OH008487-02S1