

- 10% of all injuries in trucking
- 16% of all medical costs
- Cost over \$47 million
- Median cost was over \$12,000
- Accounted for over 194,600 days of lost time, (that's about 550 full-time workers not working because of injuries)
- 76% of all fall from elevation compensable claims were for drivers



Drivers had the highest median claim cost (\$14,170) for fall from elevation compensable claims (Figure 12).

Figure 12. Compensable claim median cost and medical cost for strain, sprain and overexertion injuries by occupation, 2006-2012

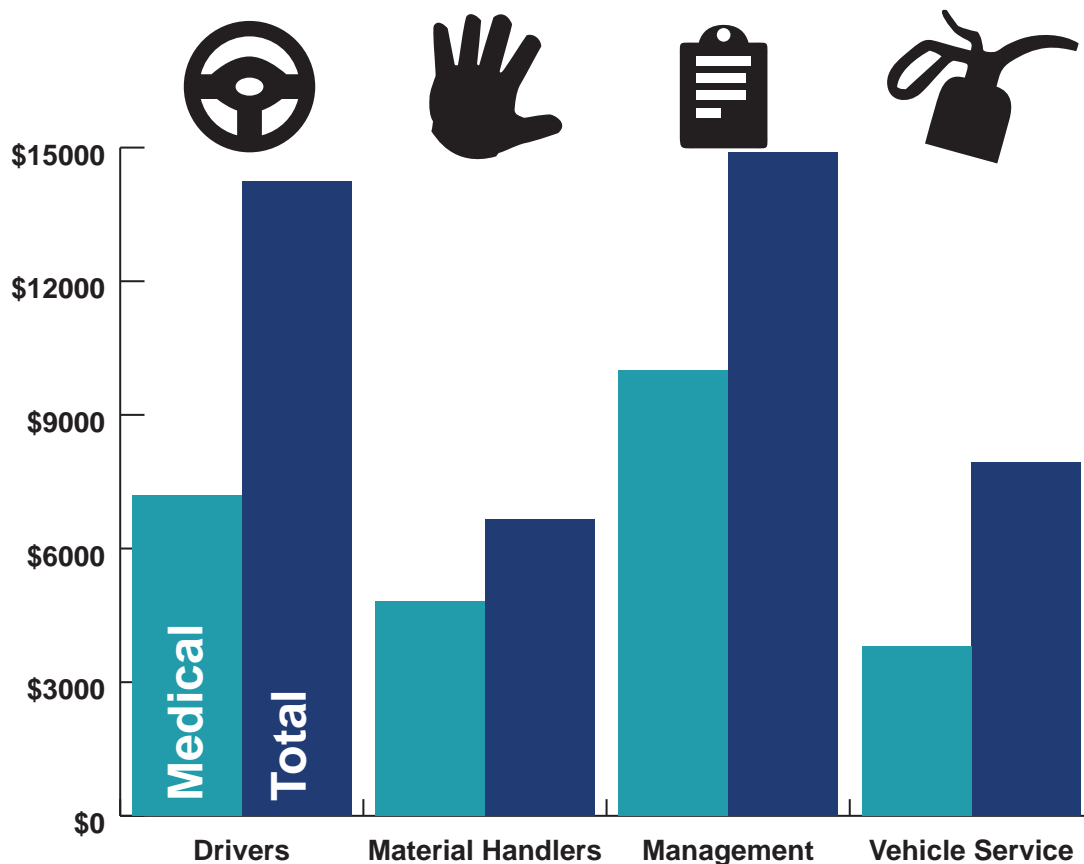
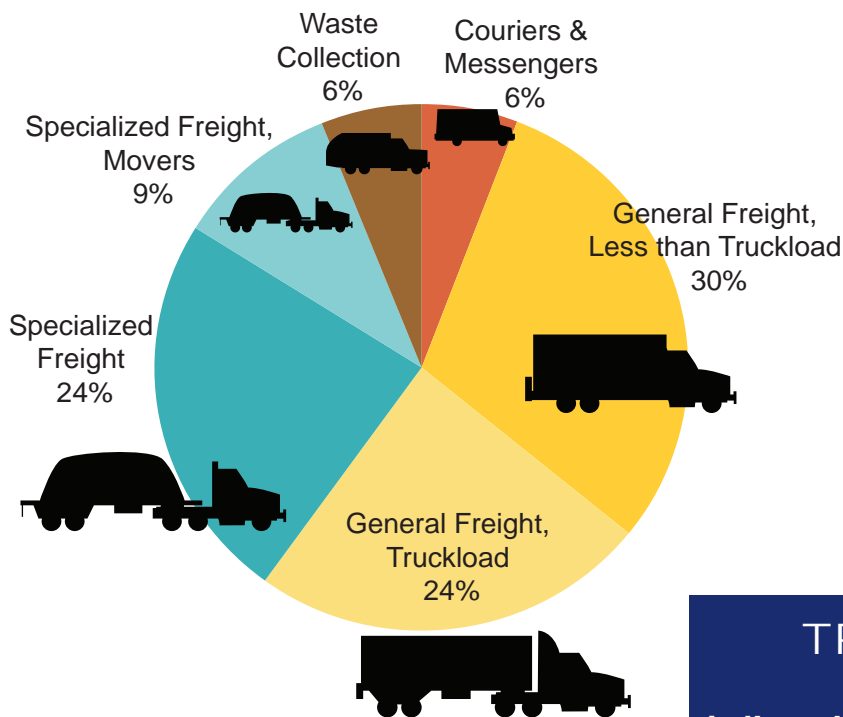


Figure 13. Percent of fall from elevation injuries by trucking sector



Less than Truckload, General Freight trucking had the highest number of fall from elevation claims (30%), followed closely by Truckload, General Freight (24%) and Specialized Freight, Except Used Goods (24%).

Some of the most common injury activities in this category were:

- **Entering/exiting the truck cab**
- **Falling off the back of the trailer or the liftgate**
- **Missing a step or getting foot caught in rung of ladder – attached to truck or freestanding**
- **Ladders slipping out from underneath a worker**

TRUE STORIES

I slipped climbing out of cab over truck, my foot got hung up on the step and I lost my hold on the rail.

I slipped on icy truck steps, grabbing the hand rail pulled and twisted my shoulder. Finally, I landed on the ground.

I was blown off the truck in heavy wind, hit my head and received a concussion.

I fell off the trailer step while getting down, spraining my ankle.

I slipped on the tanker truck ladder while ascending.

While climbing down the ladder on the trailer, I slipped on ice and fell approximately 7 feet to the ground. My back foot caught in the ladder so I landed upside down.

Suggested citation: Rauser, Smith and Williams 2014. Trucking Industry: Examining Injuries for Prevention, 2006-2012. SHARP Program, report #90-148-2014. Washington State Department of Labor & Industries, Olympia, Washington.

Full Report at www.KeepTruckingSafe.org