## Want to be a pro?

## Follow these safe steps to hook or unhook your trailer.



Tips you can trust from America's Road Team Captain, Keith Johnson.

Thanks to YRC, Fife, WA









Know what style of 5th-wheel you're usingespecially when using rental equipment.

If appropriate, use a pull rod or chain, but don't force it. Some 5th-wheel releases have locks.

Use upper arm muscles rather than the shoulder joint for pulling the 5th-wheel release.

Make sure landing gear crank is in neutral before dropping the trailer to prevent binding.





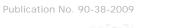
Have feet shoulder-width apart before engaging the landing gear crank.

Use the correct gear speed.

Avoid getting struck by a spinning crank.

## Visit www.KeepTruckingSafe.org for more information on how to reduce your risk of injury.





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