



Riding the Door...



Is a very bad idea. Although often done in the industry, riding the door puts drivers at risk for various types of injuries: falls, strains and, in the case of this Washington driver, crush injuries.

This 38-year-old truck driver was moving freight near the back of the trailer. When he grabbed the latch handle to ride the door down, the left side trailer door cable broke loose. He fell hard and fast, landing on his back with his upper body hanging out of the trailer, his lower half inside the trailer and the door across his mid-section. Owww.

That quick decision to ride the door instead of using the handle and 3 points of contact resulted in a crush injury to his abdomen, resulting in months of lost work, reduced income and, not to mention, the pain and suffering of recovery.

Tips to live by

www.KeepTruckingSafe.org

Employers

- Keep up on preventative maintenance of the trailer door, handles, straps, and footholds.
- Have a policy and system to report issues and keep trucks out of use until maintenance is complete.

Drivers

- Report maintenance issues right away.
- Riding the door does not save you time. Always use 3 points of contact to exit the trailer. Use the strap to close the door separately when you are on the ground.
- Before you exit, look for hazards such as debris, ice or water that might make the ground treacherous.
- Wear footwear with good traction and high visibility clothing.

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